



The Royal College of
Chiropractors

New NICE Guidance on Low Back Pain and Sciatica

Royal College of Chiropractors welcomes publication of new NICE Guidance on Low Back Pain and Sciatica

The Royal College of Chiropractors welcomes publication of the new [NICE Guidance on Low Back Pain and Sciatica](#), which recommends risk stratification, advice and information to facilitate self-management, and manual therapy (which may include spinal manipulation) as part of a package of care including exercise, with or without psychological therapy.

The care provided by chiropractors for the treatment of low back pain, as described in our [Quality Standards](#), Chronic Low Back Pain (2014) and Acute Low Back Pain (2012), comprises manual therapy techniques, often as part of a package of care which may include exercises, psychosocial intervention and advice to support self-management.

Our publication, [Chiropractic Competencies & Skills: Management of Low Back & Radicular Pain](#) (2015), explains that chiropractors are also skilled and competent to:

- screen patients for exclusions (suspected serious underlying pathology)
- assess and provide risk stratification (e.g. STarTBack)
- facilitate diagnostic, surgical and pharmacological review as required