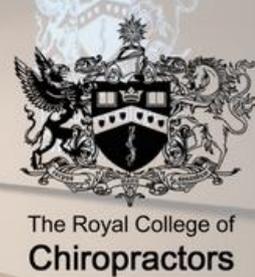


# Pregnancy & Paediatrics

## Faculty CPD Event



### PREGNANCY AND PAEDIATRICS SYMPOSIUM 2018

### CHIROPRACTORS' ROLE IN THE SUPPORT OF THE BREASTFED INFANT

SATURDAY 23RD - SUNDAY 24TH JUNE 2018

HOLIDAY INN LONDON GATWICK AIRPORT, POVEY CROSS ROAD, GATWICK, RH6 0BA

#### SATURDAY

09:00 - 09:30	Registration
09:30 - 09:45	Welcome by Lara Cawthra
09:45 - 10:30	Felicity Crone: <i>Chiropractic and breastfeeding</i>
10:30 - 11:00	Alexandra Newton: <i>Safeguarding</i>
11:00 - 11:30	<b>COFFEE BREAK &amp; TRADE STANDS</b>
11:30 - 13:00	Keynote speaker, Sharon Vallone: <i>Infant feeding difficulties and inflammation of the gut microbiome</i>
13:00 - 14:00	<b>LUNCH</b>
14:00 - 14:45	Aurélie Marchand: <i>Musculoskeletal components in breastfeeding and their implications in care</i>
14:45 - 15:10	<b>COFFEE BREAK &amp; TRADE STANDS</b>
15:10 - 16:00	Amy Miller: <i>Emerging and ongoing research in breastfeeding: Why do chiropractors need a place at the table?</i>
16:30 - 17:30	Faculty Meeting
19.00	<b>WINE-TASTING AND THREE-COURSE SUPPER</b>

#### SUNDAY

09:00 - 09:45	Alexandra Newton: <i>Breastfeeding referral pathways</i>
09:45 - 10:45	Joyce Miller: <i>Current research update</i>
10:45 - 11:05	<b>COFFEE BREAK &amp; TRADE STANDS</b>
11:05 - 12:10	Darren Barnes Heath: <i>The neurology of breastfeeding</i>
12:10 - 13:00	Panel Discussion on European Delphi Process
13:00 - 14:00	<b>LUNCH</b>
14:00 - 15:00	Heidi Knorr: <i>Management of tongue-tie</i>
15:00 - 15:20	<b>COFFEE BREAK &amp; TRADE STANDS</b>
15:20 - 16:00	Elisabeth Davidson: <i>Research update on probiotics and dairy-free advice</i>
16:00 - 17:00	Question & answer session

## SPEAKERS

### **Darren Barnes-Heath BSc, DC, MRCC**

Darren graduated from AECC in 1995 and has a practice in Lincoln and has been studying functional neurology for the last 16 years. For the last five years he has taught functional neurology to Chiropractors, Osteopaths and Physiotherapists throughout Europe for Neuroseminars. His topic for the symposium will be “The Neurology of Breast Feeding” and will include: what parts of the brain are active during breast feeding, what the consequences are of these regions not active, how could this affect development.

### **Lara Cawthra MChiro (Paeds), FRCC (Paeds)**

Lara trained in Australia to receive her Master of Chiropractic from Macquarie University, 1996. Following an increasing interest in Paediatrics, she then completed the Master of Chiropractic Paediatric degree in 2003 at RMIT, Australia. She has given seminars in Chiropractic Paediatrics for the Masters course validated by the University of Wales, and has also given postgraduate seminars for the RCC’s Pregnancy and Paediatrics Faculty. Lara also runs a busy private practice in Surrey, England. She has a special interest in children with learning difficulties as well as the role of nutritional medicine. Lara is a Fellow and Chair of the RCC’s Pregnancy and Paediatrics Faculty.

### **Felicity Crone BSc**

Felicity graduated from WIOC in 2007, and worked in various clinics before setting up Banchory Chiropractic Clinic in Aberdeenshire in 2012. The clinic now has 3 chiropractors, 2 massage therapists and runs Yoga and Pilates classes. Felicity has a keen interest in paediatrics, pregnancy and breastfeeding, and has been a voluntary breastfeeding counsellor with the NCT for 3 years. She has combined these 2 areas of knowledge and co-presented workshops in how chiropractic care relates to breastfeeding. In April 2017 she decided to launch a chiropractic drop-in clinic for babies. This was a chiropractic first in the UK and, since its first day, has proven to be very popular.

### **Elisabeth Davidson BSc (Chiro), DC, MSc (Paeds), FRCC (Paeds)**

Elisabeth owns a busy multidisciplinary clinic in Aberdeenshire. She graduated from the AECC in 1994 with a BSc (chiro) and a post graduate diploma in chiropractic (DC) in 1995. She gained an MSc in Advanced Chiropractic Paediatric Practice in 2007, also from the AECC, and is a Fellow and Director of Academic Affairs of the RCC’s Pregnancy and Paediatric Faculty. Originally from Denmark, Elisabeth has lived in Britain since 1990. She teaches postgraduate seminars in chiropractic care of children and pregnant women. In addition, she is currently conducting research into pelvic girdle pain, outcomes of infant care and has been instrumental in developing the new infant and child questionnaires used extensively by UK chiropractors.

### **Heidi Knorr BSc, FRCC (Paeds)**

Heidi Knorr is a chiropractic graduate of both Macquarie University (2000) and AECC. She completed her paediatric chiropractic degree in 2013 at AECC and her dissertation concentrated on feeding difficulty in infants. Whilst Heidi’s passion draws on using her clinical skills in the chiropractic management of infants and children, her experience with ankyloglossia, on both a personal and professional level, has led to her lecturing internationally on this topic. She runs a busy multidisciplinary clinic in Scotland and loves nothing more than having ‘play days’ with her paediatric patients in clinic.

### **Aurélie Marchand MChiro, MSc APP (Paeds), FRCC (Paeds)**

Aurélie is a chiropractor and lecturer at AECC University College. She obtained an MChiro in 2006, a PgCert in 2007, a MSc APP (Paediatrics) in 2010 and is currently undertaking a PgCert in Medical Education. She has published research in the paediatric chiropractic field and in fascia. She is a Fellow of the RCC’s Pregnancy and Paediatric Faculty and of the European Academy of Chiropractic.

### **Amy Miller BSc, MSc**

Amy is a chiropractor based in Lymington, and completed her MSc Chiropractic at the AECC. Her research for this MSc led to the development and testing of the UK Infant Questionnaire, the first validated parent-reported outcome measure for infants in chiropractic care. For the past three years, Amy has been involved with the inter-professional breastfeeding clinic, a collaborative clinic combining the care of AECC chiropractic interns and Bournemouth University midwifery students. Research undertaken in this clinic to date includes a case series, detailed demographic description, and a prospective study. She is now writing her PhD with Bournemouth University, investigating the role of this clinic in student education, and comparing breastfeeding outcomes and experiences in this clinic with the outcomes and experiences in routine care.

### **Joyce Miller BSc, DC, PhD, FRCC (Paeds)**

Joyce is a recently retired paediatrics and evidence-based clinical lecturer at AECC in conjunction with Bournemouth University with over 25 years private practice experience. An Associate Professor, she pioneered the busy infant and child practice in the teaching clinic 18 years ago at AECC and is currently pathway leader of Bournemouth University's MSc Programme in Advanced Professional Practice of Paediatric Musculoskeletal Health. She is a busy researcher and has authored more than 45 articles published in peer reviewed journals and conducted over 180 seminars worldwide. She is a certified Brazelton neonate examiner, awarded from Cambridge University, a diplomate of the Royal College of Paediatrics and Child Health's Nutrition Programme and a Fellow of the Royal College of Chiropractors. Along with Bournemouth University's midwifery team from the School of Health and Social Care, in 2013 she developed an AECC-BU feeding clinic overseen by the AECC clinic and housed in Cavendish House. This is an inter-disciplinary clinic where midwives and chiropractors (and students) manage difficult feeding cases together and learn together. She focuses on the musculoskeletal health of neonates and infants.

### **Alexandra R Newton DC, MSc APP (Paeds MSK), FRCC (Paeds)**

Alexandra is a fellow and the current Secretary of the RCC's Pregnancy and Paediatric Faculty. She has been in practice for 28 years and completed her Masters degree at the AECC in Advanced Professional Practice in Paediatric Musculoskeletal Health in 2014. It was while studying for her masters that she recognised the lack of quality evidence to support chiropractic paediatric care and has made it her mission help to change this by being an active part of the faculty.



Darren Barnes-Heath



Lara Cawthra



Felicity Crone



Elisabeth Davidson



Heidi Knorr



Aurélie Marchand



Amy Miller



Joyce Miller



Alexandra Newton



Sharon Vallone

## OUR KEYNOTE SPEAKER

### Dr. Sharon Vallone DC, FICCP

Sharon, a mother of two and grandmother of four, has been enjoying her private chiropractic practice for 30+ years in a collaborative environment. Her chiropractic practice has always focused on the health and integrity of the family, with a special interest on pregnant women and infants. An avid supporter of breastfeeding, she has developed an expertise in supporting a successful experience for the breastfeeding dyad by providing chiropractic cranial care to correct biomechanical dysfunction. Sharon has also been involved with a Kentuckian Children's Centre in Louisville, KY, USA, as well as KIDSPACE Adaptive Play & Wellness in South Windsor, CT, USA. Both facilities offer an integrative approach to children with special needs. She is an author, educator and edits one of chiropractic's professional journals (JCCP) where she encourages chiropractors to publish their scientific papers and case reports. Sharon has been blessed with the opportunity to travel and share with chiropractors internationally and has always been grateful for the warm reception and opportunity to share with chiropractors of like mind.

If you require overnight accommodation, a special rate is available with the Holiday Inn.

Please call them directly on 01293 787 675 or email [events@higatwickairport.com](mailto:events@higatwickairport.com)

quoting the code 'VGR' and mentioning you are attending the RCC event.

### PROGRAMME

#### Saturday

09.00 - Registration

09.30 - Seminars begin

17.00 - Close

Lunch and dinner included

#### Sunday

09.00—Seminar begins

17.00—Close

Lunch included

### REGISTRATION FEES

RCC Members: £245

RCCPPF Members: £215

Non-Members: £305

Online registration and payment are available at [www.bit.ly/RCCevents](http://www.bit.ly/RCCevents)

To register and pay via card/ bank transfer please contact the RCC directly on **0118-9469727** or at: [admin@rcc-uk.org](mailto:admin@rcc-uk.org).

Alternatively, please send registration forms to our address below, with cheques made payable to,

The Royal College of Chiropractors.

Cancellations: Fees will be refunded, less a £10 administration charge, for all cancellations received at least 10 days before the event.

No refunds can be given after this date.

**\*\*Please do not attend this event unless you have received confirmation of a place and joining instructions\*\***

## REGISTRATION FORM

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Postcode: \_\_\_\_\_

Email: \_\_\_\_\_

Phone: \_\_\_\_\_

### Registration fees:

I enclose a cheque for £ \_\_\_\_\_.

**Please send your completed registration form to  
The Royal College of Chiropractors, Chiltern Chambers  
St Peters Avenue, Reading RG4 7DH**