

## CONSERVATIVE MANAGEMENT OF HIP PATHOLOGY: CONTINUAL SELF-TRACTION, MANUAL THERAPY AND EXERCISE

WEDNESDAY 19TH JUNE 2019  
HOLIDAY INN BRISTOL FILTON BS16 1QX

### EVENT OUTLINE

This event will cover the following:

- Hip pathology overview
- Case study—symptoms, imaging, diagnosis and intervention
- Manual therapy and rehabilitation
- Latest research and future requirements
- On-going conservative management for improved patient care
- Practical demonstration of continual self traction with the HipTrac device

### LEARNING OUTCOMES

Following this event you will have:

- An awareness of the latest research into management of Hip Pathology using cases for symptoms, imaging, diagnosis and intervention
- An understanding of manual therapy techniques for rehabilitation
- An appreciation of exercise therapy for rehabilitation
- An awareness of ongoing conservative management for improved patient care

### SPEAKER: Mark Dunwell

As a Masters athlete, Mark has been a World Champion sprinter in 60m, 100, and 200m. He has competed all over the world winning many international honours. He is a qualified UKA athletics coach, specialising in speed development, and qualified as a remedial massage therapist in 2006. Mark has bilateral hip degeneration associated with femoroacetabular impingent. Following hip preservation surgery, extensive rehabilitation and continuous on-going conservative management of hip OA, he shares his knowledge and experience from a patient and practitioner perspective.

### PROGRAMME

18.30 - Registration  
19.00 - Seminar begins  
21.00 - Close

### REGISTRATION FEES

RCC Members: £35  
Non-Members: £55

Online registration and payment are available at [www.bit.ly/RCCevents](http://www.bit.ly/RCCevents)

To register and pay via card/ bank transfer please contact the RCC directly on **0118-9469727** or at: [admin@rcc-uk.org](mailto:admin@rcc-uk.org).

Cancellations: Fees will be refunded, less a £10 administration charge, for all cancellations received at least 10 days before the event.

No refunds can be given after this date.

**\*\*Please do not attend this event unless you have received confirmation of a place and joining instructions\*\***