

# Sports Faculty CPD Event



## CHIROPRACTORS WORKING IN ELITE SPORT: PROFESSIONAL CYCLING + VELODROME EXPERIENCE

FRIDAY 13TH SEPTEMBER 2019

LEE VALLEY VELOPARK, STRATFORD, LONDON E20 3AB

### EVENT OUTLINE

This unique event not only provides insight into the role of chiropractors in the management of cycling injuries and the demands and requirements of team working in an elite sporting environment, it also provides an opportunity to experience, at first hand, the excitement of track cycling at the Olympic Velodrome in London.

### LEARNING OUTCOMES

Following this event you will gain:

- First hand appreciation of high speed cycling, in order to better understand the demands of the sport
- Knowledge on the management of cyclists; the common injury patterns, the treatment and the preventative care
- An understanding of the demands of working in a professional elite sporting environment
- An understanding of the role of the chiropractor within a sports team

### SPEAKERS: Matt Rabin FRCC, LRCC (Sport)

Matt is a Chiropractor with extensive experience in sport. Currently he is Lead Chiropractor and Physical Therapies Co-Ordinator to EF Education First Professional Cycling Team and travels with them to races all over the world. 2019 is his twelfth year working with the team and will be the twelfth Tour de France he has completed with them. In the summer of 2012 Matt was selected to work in the Polyclinic of the Athletes Village at the London Olympic Games. Additionally Matt is currently chiropractic consultant to Crystal Palace Football Club and the FAQ (Wales) Men's football team. In 2015 Bloomsbury published Matt's book 'The Pain Free Cyclist' about common cycling injuries, and it had both a UK and US release. It has since gone on to be translated into German, Dutch and Mandarin.

**Registered delegates will be contacted separately to arrange an optional, informal dinner after the event.**

Convenor: Juliet Lock FRCC (Sport)

### PROGRAMME

1.30pm - Registration  
2pm - 4pm— Seminar  
5pm - 6pm—Velodrome track session  
(cycling full, delegates are welcome to watch)

### REGISTRATION FEES

Non cycling prices  
RCCSF Members: £59  
RCC Members: £69  
Non-Members: £119

Online registration and payment are available at [www.bit.ly/RCCevents](http://www.bit.ly/RCCevents)

To register and pay via card/ bank transfer please contact the RCC directly on **0118-9469727** or at: [admin@rcc-uk.org](mailto:admin@rcc-uk.org).

Cancellations: Fees will be refunded, less a £10 administration charge, for all cancellations received at least 10 days before the event.

No refunds can be given after this date.

**\*\*Please do not attend this event unless you have received confirmation of a place and joining instructions\*\***