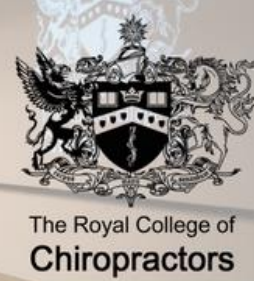


Pregnancy & Paediatrics

Faculty CPD Event



PREGNANCY AND PAEDIATRICS SYMPOSIUM 2020

PUBLIC HEALTH: A TIME TO ACT

SATURDAY 6TH - SUNDAY 7TH JUNE 2020
CROWNE PLAZA LONDON GATWICK AIRPORT RH11 7SX

SATURDAY

- 09:00 - 09:30 REGISTRATION
- 09:30 - 09:45 Welcome by **Alexandra Newton FRCC (Paeds)**
- 09:45 - 10:30 **Sue Weber FRCC (Paeds):** *The changing face of headache from infancy to adolescence—Part 1*
- 10:30 - 11:00 **Deirdre Edwards FRCC (Paeds):** *Making every contact count*
- 11:00 - 11:30 COFFEE BREAK & TRADE STANDS
- 11:30 - 13:00 **Keynote speaker, Lise Hestbaek:** *Current research by chiropractors in Denmark, with emphasis on public health: the significance of spinal pain in adolescence from a societal point of view*
- 13:00 - 14:00 LUNCH
- 14:00 - 15:00 **Darren Barnes-Heath MRCC:** *Recognising sensory processing disorder in school-aged children*
- 15:00 - 15:30 COFFEE BREAK & TRADE STANDS
- 15:30 - 16:15 **Sue Weber FRCC (Paeds):** *The changing face of headache from infancy to adolescence—Part 2*
- 16:15 - 17:00 Faculty Meeting (faculty members only)
- 19.00 DINNER

SUNDAY

- 09:00 - 09:30 REGISTRATION
- 09:30 - 10:15 **Aurelie Marchand FRCC (Paeds):** *Physical activity and child development: a chiropractor's role*
- 10:15 - 11:00 **Joyce Miller FRCC (Paeds):** *The evidence base, and impact of our work*
- 11:00 - 11:15 COFFEE BREAK & TRADE STANDS
- 11:15 - 12:00 **Aurelie Marchand FRCC (Paeds):** *School readiness: a chiropractor's role*
- 12:00 - 12:45 **Ann McDonnell FRCC, MRCC (Paeds):** *How nutrition can help in the treatment of childhood diabetes and obesity*
- 12:45 - 13:45 LUNCH
- 13:45 - 14:30 **Ann McDonnell FRCC, MRCC (Paeds):** *Nutrition and brain function*
- 14:30 - 15:15 **Tone Tellefsen FRCC (Paeds):** *Chiropractic community outreach to support teenagers*
- 15:15 - 15:45 COFFEE BREAK & TRADE STANDS
- 15:45 - 16:30 **Lawrence Dawson:** *Neck pain and mobile usage pilot study: the effects of modern technology on the teenage spine*
- 16:30—17:00 Question & answer session

SPEAKERS

Sue Weber FRCC (Paeds)

Sue graduated Valedictorian from Western States Chiropractic College in 1988. She is a family practitioner with 30 years of clinical experience specializing in the treatment of infants, children and pregnant patients. Having completed the Diplomate in Paediatrics and the Masters in Chiropractic Paediatrics at AECC/Bournemouth University, she contributed to establishing international paediatric guidelines for the profession with a consensus group formed by the FCER. She is on the faculty for the EAC and for RCC working to develop relevant research projects and postgraduate education within paediatrics. Besides clinical practice, Sue lectures throughout Europe for the Master's program and the post-graduate community. Sue was awarded Chiropractor of the Year 2015 for her work developing an education in paediatrics for the profession and promoting guidelines for the paediatric patient.

Deirdre Edwards FRCC (Paeds)

Deirdre has specialised in maternal and child healthcare since 1975, initially in the NHS at the first UK-based multi-disciplinary and multi-agency paediatric assessment day unit, then Health Visiting for 16 years prior to chiropractic. Deirdre, a Fellow of the RCC's Pregnancy and Paediatrics Faculty, founded Abacus Chiropractic Clinic in Stratford upon Avon, with paediatrics forming 65% of its footfall. Deirdre has held numerous positions within the RCC plus National and International Associations, as well as External Examiner and Advisor both in the UK and Canada. She has appeared on breakfast television, has participated in many radio broadcasts, has published academic papers and presented her findings to midwifery, health visiting, paediatric, sleep and chiropractic symposia. She has taught at pre & post graduate level and hosts unique teaching clinics in Stratford.

Darren Barnes-Heath MRCC

Darren's interest in Developmental Neurology has grown over the 24 years he's been a chiropractor. His practice continues to transition from MSK to children with neurological, learning and behavioural conditions. He regularly takes referrals from chiropractors, local OTs, teachers, physiotherapists and psychotherapists. He monitors changes in these children's brain function monthly with computerised tests that have age-appropriate normative data for some cognitive domains; concentration, memory, reasoning and verbal ability, eye movements including eye tracking while reading, auditory processing skills and beat competency or timing.

While the high tech approaches are great for demonstrating progress and research, the low tech clinical exam, treatments and rehab exercises are the most useful skills and it is these that Darren has taught to Chiropractors, Osteopaths, Physiotherapists and OTs throughout Europe over the last 6 years. His aim when teaching is to make neurology as simple and relevant to your practice as possible, so you can use it. Delegates have often told Darren that they disliked, did not understand or felt overwhelmed by neurology until they came to these courses, but now they see how they can use it. His post-graduate learning has been through the Carrick Institute, The Institute of Functional Medicine and International Association of Functional Neurology & Rehabilitation. To broaden his understanding of how children learn and different ways to assist this, he has taken CPD provided by behavioural optometrists & vision specialists, educational psychologists, occupational therapists, audiologists and speech & language therapists.

Aurélie Marchand FRCC (Paeds)

Aurélie is a chiropractor and lecturer at AECC University College. She obtained an MChiro in 2006, a PgCert in 2007, a MSc APP (Paediatrics) in 2010 and is currently undertaking a PgCert in Medical

Education. She has published research in the paediatric chiropractic field and in fascia. She is a Fellow of the RCC's Pregnancy and Paediatric Faculty and of the European Academy of Chiropractic.

Joyce Miller FRCC (Paeds)

Joyce Miller BSc DC PhD is retired from the busy infant practice and breastfeeding clinic at AECC University College, where she continues to participate as a Visiting Researcher. She has authored dozens of research papers as well as the book, *Evidence-Based Chiropractic Care for Infants: Rationale, Therapies and Outcomes*. Staying active in teaching and research, Joyce resides in Scottsdale, Arizona and Bournemouth, England.

Ann McDonnell FRCC, MRCC (Paeds)

Ann graduated from Anglo European College of Chiropractic in 1987 and has worked in private practice in Blackheath, London since 1989. Ann qualified as a Certified Chiropractic Sports Physician in 1991 and, for a while, worked as a chiropractor at athletic events. She started her SOT education in 1989 and achieved advanced SOT certification with SORSI in 1992. Since then, she has been teaching for SOTO Europe and has taught for SOTO international in the USA and Brazil. In 1996 she became a Certified Craniopath. Ann continued her education by studying Soft Tissue Orthopaedics in 1996 with Dr Catherine Quill D.C. She completed the basic course in 1997 and continued studying with Dr Quill during the following 10 years. Ann has attended the SORSI homecoming each year since 1989. She has had the privilege of being taught by the original SOT chiropractors who studied with Major DeJarnette. Ann's education in nutrition started as an undergraduate and she has continued her enthusiasm in this topic for the subsequent 35 years. Ann is particularly interested in how hormonal imbalances in the population have increased during her career as a chiropractor. As an SOT Chiropractor, Ann has studied how to manage hormonal and metabolic conditions using the combination of CMRT and nutrition. Ann has served on the SOTO Europe board over the years and has recently completed the role of President. As an SOT examiner she is actively involved in education and examination in SOTO Europe. When not at work, Ann has a garden growing food for the table and flowers for her clinic. She is an avid skier and enjoys cycling and yoga to keep fit.

Tone Tellefsen Hughes FRCC (Paeds)

Tone graduated in 1991 and has practised in Sweden and the UK. She started her Luck's Yard Clinic in 2007 and has since devoted her time to doing outreach activities in schools and in her community with a special interest of supporting teens. Tone has spoken to teens and parents on subjects such as posture, wellbeing, stress and study strategies. She co-created the local community initiative 'Surrey Teen Summit' in 2015, and has since run workshops with local professionals in her community. In 2019 she had the opportunity to take on a walled garden behind her clinic and decided she wanted to offer it to build a wellbeing community garden for teens with anxiety, depression and stress. Tone is passionate about inspiring others to get out and share the chiropractic message and teach public health in our communities.

Lawrence Dawson

Lawrence is an AECC graduate and has worked in practice, education and research for the past thirty years. Since 2017, he has run the Evidence-based Chiropractic conferences which aim to disseminate current chiropractic research throughout the profession. His current fields of investigation include the relationship between mobile devices and neck pain, specifically in the young, and social prescription, with an emphasis on how isolation and inactivity relate to chronic low back pain.

OUR KEYNOTE SPEAKER

Lise Hestbaek

Lise attained her chiropractic degree in 1990 from Palmer College. She worked in private practice until 2007 and since 1997, has been undertaking research at the Nordic Institute of Chiropractic and Clinical Biomechanics, Odense and The Back Research Centre, Human Locomotion Science, Hospital of Frynen. Lise completed her PhD in 2003 at the University of Southern Denmark on high-risk groups and risk factors for low back pain in children and adolescents.

Since 2007, Lise has been an associate professor at University of Southern Denmark and senior researcher at the Nordic Institute of Chiropractic and Clinical Biomechanics with research focusing on two specific areas: musculoskeletal health in children and adolescence and lifetime epidemiology of back pain.



Sue Weber



Deirdre Edwards



Darren Barnes-Heath



Aurélie Marchand



Joyce Miller



Ann McDonnell



Tone Tellefsen Hughes



Lawrence Dawson



Lise Hestbaek

If you require overnight accommodation, a limited number of rooms are available at a special rate with the Crowne Plaza. Details available on request.

PROGRAMME

Saturday

09.00 - Registration

09.30 - Seminars begin

17.00 - Close

19.00—Dinner

(Lunch and dinner included)

Sunday

09.00—Registration

09.30—Seminars begin

17.00—Close

(Lunch included)

REGISTRATION FEES

RCC Members: £275

RCCPPF Members: £245

Non-Members: £345

Online registration and payment are available at www.bit.ly/Paeds20

To register and pay via card/ bank transfer please contact the RCC directly on **0118-9469727** or at: **admin@rcc-uk.org**.

Cancellations: Fees will be refunded, less a £25 administration charge, for all cancellations received at least 10 days before the event.

No refunds can be given after this date.

****Please do not attend this event unless you have received confirmation of a place and joining instructions****