

CONSERVATIVE MANAGEMENT OF HIP PATHOLOGY: CONTINUAL SELF-TRACTION, MANUAL THERAPY AND EXERCISE

TUESDAY 12TH MAY 2020
OLD THORNS, LIPHOOK, HAMPSHIRE GU30 7PE

EVENT OUTLINE

This event will cover the following:

- Hip pathology overview
- Case study – symptoms, imaging, diagnosis and intervention
- Practical demonstration of continual self traction with the HipTrac device
- Latest research and future requirements
- On-going conservative management for improved patient care
- Manual therapy and rehabilitation

LEARNING OUTCOMES

Following this event you will have:

- An awareness of the latest research into management of hip pathology using cases for symptoms, imaging, diagnosis and intervention
- An understanding of manual therapy techniques for rehabilitation
- An appreciation of exercise therapy for rehabilitation
- An awareness of ongoing conservative management for improved patient care

SPEAKERS: Mark Dunwell

As a Masters athlete, Mark has been a World Champion sprinter in 60m, 100m and 200m. He has competed all over the world winning many international honours. He is a qualified UKA athletics coach, specialising in speed development, and he qualified as a remedial massage therapist in 2006. Mark has bilateral hip degeneration associated with femoroacetabular impingement. Following hip preservation surgery, extensive rehabilitation and continuous on-going conservative management of hip OA, he shares his knowledge and experience from a patient and practitioner perspective.

Convenors: Gail Johnston MRCC/Andrea Coote MRCC

PROGRAMME

18.30- Registration
19.00- Seminar begins
21.00 - Close

REGISTRATION FEES

RCC Members: £35
Non-Members: £65

Online registration and payment are available at www.bit.ly/RCCevents

To register and pay via card/ bank transfer please contact the RCC directly on **0118-9469727** or at: Jackie.leitch@rcc-uk.org.
Cancellations: Fees will be refunded, less a £10 administration charge, for all cancellations received at least 10 days before the event.

No refunds can be given after this date.

****Please do not attend this event unless you have received confirmation of a place and joining instructions****