

## UNDERSTANDING PSYCHOSOCIAL BARRIERS: FACILITATING POSITIVE CHANGE TOWARDS RECOVERY

SATURDAY 18TH APRIL 2020  
HOLIDAY INN LONDON GATWICK RH6 0BA

### COURSE CONTENT

This one-day event constitutes Part 2b ('UPB2b') of the Understanding Psychosocial Barriers programme.

The prerequisites for undertaking UPB2b are successful completion of:

- Part 1 ('UPB1'): An online learning module, with summative self-assessment
- Part 2a ('UPB2a'): A suite of webinars, with summative self-assessment

Registrations for the above are available and charged for separately via [admin@rcc-uk.org](mailto:admin@rcc-uk.org)

UPB2b is a face-to-face workshop consisting largely of small group practical sessions that extend the knowledge developed in UPB1 and UPB2a. The course will develop practical skills to help a clinician identify and, where appropriate, address non-physical aspects of patient presentations which may provide barriers to recovery. Candidates will be continually assessed during the day.

Success with UPB2b provides eligibility to progress to the clinical logbook components of the Understanding Psychosocial Barriers programme, successful completion of which will result in the award of the RCC's Diploma in Pain Management (recognised by the RCC as equivalent to 120 level M credits).

### Course Facilitators

**Mrs Meherzin Das** CPsychol, AFBPsS  
Consultant Clinical Psychologist  
Clinical Lead, Dorset Pain Management Service

**Dr Jonathan Field** FRCC (Pain)  
Chair, RCC Pain Faculty

**Convenor: Jonathan Field FRCC (Pain)**

### PROGRAMME

09.30 - Registration  
10.00 - Course begins  
17.00 - Close  
Lunch is included

### REGISTRATION FEES

RCC Members: £149  
Non-Members: £199

Online registration and payment are available at [www.bit.ly/RCCevents](http://www.bit.ly/RCCevents)

To register and pay via card/ bank transfer please contact the RCC directly on **0118-9469727** or at: [admin@rcc-uk.org](mailto:admin@rcc-uk.org).  
Cancellations: Fees will be refunded, less a £10 administration charge, for all cancellations received at least 10 days before the event.  
No refunds can be given after this date.

**\*\*Please do not attend this event unless you have received confirmation of a place and joining instructions\*\***