

# PAIN FACULTY RCC LIVE WEBINAR

REGISTER ONLINE  
RCC-UK.ORG



## Internal Knee Derangement with Mr Andrea Volpin

### Webinar Outline

This event will provide a comprehensive overview of internal knee derangement, focusing on the diagnosis, treatment, and rehabilitation of meniscus and ligament injuries. The session will cover key aspects of clinical assessment and imaging, guiding attendees through the decision-making process for non-surgical and surgical interventions. Particular emphasis will be placed on ligament and meniscal injuries, including current best practices and post-operative rehabilitation strategies. Additionally, we will explore the management of inflammation and early osteoarthritic changes in the knee, discussing the role of conservative treatment, intra-articular injections, and patient-specific treatment plans to optimise long-term joint health and function. The event aims to provide valuable insights for healthcare professionals involved in knee injury management, ensuring a well-rounded understanding of treatment pathways from initial diagnosis to full recovery.

### Learning Outcomes

- How to treat meniscus and ligament injuries: from diagnosis to treatment and post-operative care.
- How to address inflammation and early signs of osteoarthritic changes in the knee.

### Speaker

Andrea Volpin is a Consultant Orthopaedic Surgeon with a special interest in lower limb arthroplasty and sports surgery, including ACL reconstruction and meniscal repair. He served as a Consultant at NHS Grampian from 2020 to 2025.

Andrea completed his medical degree at the University of Padua, Italy, where he also undertook both basic surgical training and higher specialist training in Trauma and Orthopaedics. He further refined his expertise through advanced training at University College London Hospitals and Princess Royal University Hospital, part of King's College Hospital. To deepen his knowledge in complex soft tissue knee surgery and hip and knee arthroplasty, he completed two prestigious fellowships at the Royal Derby Hospital and Royal Bournemouth and Poole Hospital.

In 2015, he was awarded the European Federation of National Associations of Orthopaedics and Traumatology (EFORT) Autumn Travelling Fellowship to the Netherlands. His international training continued with a visiting fellowship to Vancouver in 2022 and San Francisco in 2025.

Andrea has published extensively in leading orthopaedic journals and textbooks, contributing valuable research in hip and knee surgery. His



**APRIL 2025**

**Tuesday 8<sup>th</sup>**

**19:00 - 20:00**

**Chair:** Matt Barks FRCC (Pain)

**Free for RCC Members:** a link will be provided by email.

**Non-Members:** £35 - to register please visit: [rcc-uk.org/rcc-events](https://rcc-uk.org/rcc-events)

**Registration closes:** Tuesday 8<sup>th</sup> April 2025, 5pm

commitment to advancing the field is further reflected in his numerous presentations at national and international conferences, where he has shared insights on both clinical practice and research.